

FALL PROTECTION WORK PLAN

PROJECT:_____ **DATE:**_____

LOCATION / ADDRESS:_____

SUPERINTENDENT:_____ **PHONE #**_____

FALL PROTECTION

FALL RESTRAINT FALL ARREST

Restrained from falling **Stopped after the fall**

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GUARDRAILS FULL BODY HARNESS

* *

SAFETY BELT/HARNESS SAFETY NETS

* *

WARNING LINE SYSTEM CATCH PLATFORMS

OR

WARNING LINE SYSTEM

&

SAFETY MONITOR

(NOTE): A complete copy of the **(29 CFR 1926 Subpart M)**

Fall Protection Standards is available at

_____.

WORK SAFE !

THE LIFE YOU SAVE MAY BE YOUR OWN

FALL HAZARDS

(Identify & Locate)

ELEVATOR SHAFT_____

EXTERIOR SCAFFOLDING_____

BOOM LIFT_____

OUTSIDE STATIC LINE

PERIMETER

ROLLING SCAFFOLD

ROOF

SCAFFOLD OVER 10 FT. _____

SCAFFOLD UNDER 10 FT. _____

SCISSOR LIFT _____

STAIRWELL _____

WINDOW OPENINGS _____

FLOOR OPENINGS

ROOF SMOKE VENT - HATCH OPENINGS

ADDITIONAL FALL HAZARDS

FALL PROTECTION EQUIPMENT

Full body harness Locking snap hooks Restraint lines

Lanyard Safety monitor Rope grab

Lifelines Body belt Dropline

Horizontal lifeline Safety nets

Deceleration device Shock absorbing lanyard

BUILDING DESCRIPTION

HEIGHT: _____ WIDTH: _____ LENGTH: _____

SLOPED ROOF 4/12 & OVER ()

SLOPED ROOF UNDER 4/12 ()

TYPE OF ROOF

Composition shingle () tile ()

Built-up roofing () Steel ()

Single-ply () Other ()

METHOD OF PROTECTION

Rope & Safety Belt / Harness () Guardrails ()

Warning line () safety nets () Catch platform ()

Warning line & monitor () Other ()

INSTALLATION:

Method of attachment_____

Installation of system inspected () Removal of system ()

Designated loading area established ()

Material storage 10' minimum from perimeter ()

PROCEDURES

Assembly and disassembly of all equipment will be done according to manufacturers recommended procedures.

A visual inspection of all safety equipment will be done daily or before each use, and checked by the foreman or supervisor. Any defective equipment will be tagged and removed from service immediately. The manufacturers recommendations for maintenance and inspection will be followed.

EQUIPMENT HANDLING AND STORAGE

Equipment will be distributed daily. It will be stored in the lock-up or in the job shack or trailer each night. Powder actuated tools will be kept in the manufacturers storage case. All power tools will be unplugged and locked up each night. All materials will be stored neatly and in order as not to cause a hazard.

OVERHEAD PROTECTION

Hard hats are required on all job sites that have an overhead exposure. Warning signs will be posted whenever hazards are present. Debris nets shall be used if conditions warrant.

INJURED WORKERS

RESCUE procedures may need to be a consideration prior to First-Aid.

These procedures should only be performed after you ensure that the area is safe for entry, and then only by a supervisor or other designated individual.

INITIATE EMERGENCY MEDICAL SERVICES: DIAL - 911

Phone location: _____

First-Aid kit location: _____

Other: _____

SPECIAL EVACUATION PROCEDURES:

TRAINING AND INSTRUCTION PROGRAM

All new employees shall be given instructions on the proper use of fall protection devices before they begin work. They shall sign a form stating they have been given this training. A copy of this form becomes a part of the employees personnel file.

The specific project FALL PROTECTION WORK PLAN will be reviewed before work begins on the jobsite. Those employees attending will sign below. The fall protection equipment use will be reviewed regularly at the Toolbox - Safety meeting.

EMPLOYEE EMPLOYEE

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PREPARED / CONDUCTED BY:

DATE : _____

Name & Title

cc: Job Site & Main Office